Physiology of Human Performance defines the biochemical and physiological changes brought about by a single (acute) or a repeated (chronic) human activity, feat or action.

Week Of         Topic
1.  Aug 25     Introduction - Goals and Objectives
           RANDOM DRAWING for Student Paper Dates
2.  Sep 01     Library Search Methodologies - Richter & Calder
3.  Sep 08     Aerobic Capacity/Strength Tests/Endurance
4.  Sep 15     Personal Library Search - Richter &/or Calder
5.  Sep 22     Free Class - Presentation Preparation - Pick up #1 Ashe 200

Class Presentations
5.    Sep 29     Presentation 1     Sep 15
6.    Oct 06     No class
7.    Oct 13     Presentation 2     Sep 29
8.    Oct 20     Presentation 3     Oct 06
10.    Nov 03    Presentation 5     Oct 20
11.    Nov 10    Presentation 6     Oct 27
12.    Nov 17    Presentation 7     Nov 03
13.    Nov 24    Presentation 8     Nov 10
14.    Dec 01    Presentation 9     Nov 17

ARTICLE DUE DATE to Mallery
5.    Sep 29
6.    Oct 06
7.    Oct 13
8.    Oct 20
9.    Oct 27
10.    Nov 03
11.    Nov 10
12.    Nov 17
13.    Dec 01

Recommended
Human Physiology: Mechanisms of Body Function, 8th edition

Books:

ATTENDANCE: is mandatory. Each absence will result in a reduction of one/half of a complete letter grade (i.e., from an A to a A-, etc).

GRADING POLICY: Each student must select a specific topic (to be approved by Mallery) and search for one scientific journal article which he/she will present to the class as a whole for open discussion. Your grade will be a composite of a) 1/3 presentation of this article, b) 1/3 participation in class discussions, c) and 1/3 from a written term paper. The term paper shall be based upon your journal article presentation topic supplemented with new references and additional information. The paper should be about 5 to 7 type written pages (double spaced).

SELECTION of TOPIC: Once you have settled upon a topic concept or idea you must have it approved by Mallery. Selection of a specific journal article for your topic: a clean xerox or digital copy must be given to Mallery two (2) weeks prior to the student's presentation date (see above schedule). PENALTY for not providing the article on time will be one-half letter grade. Each student in the class will receive one xerox of every student's article one week prior to its presentation date. A random drawing of the dates of the student paper presentations will be held in class.